

# State

The Faculty-Staff Bulletin of Florida State University

Vol. 49 • No. 9

For more Florida State news, visit [news.fsu.edu](http://news.fsu.edu).

March 2015

## NURSING

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## Campus community asked to rally for annual campaign

For the fourth consecutive year, members of the Florida State University community — faculty, staff, students, alumni and friends — can show their Seminole pride by contributing to FSU's Great Give, a 36-hour, online-only campaign in support of academic programs, scholarships and student activities at Florida State. This year's campaign will take place March 19-20.

Like previous campaigns, FSU supporters can choose to give to various initiatives throughout the university. Individual colleges and units create their own featured projects, which can be browsed online beginning Feb. 23.

"By allowing each college and unit across the campus to define their own proj-

ects, we're providing an opportunity for support that may not be otherwise possible," said Marjorie Mahan, assistant director of annual giving for the Florida State University Foundation.

FSU's Great Give features projects ranging from international scholarships and student orientation programs to new music equipment and exam week stress busters.

"We need every member of the FSU community to spread the word and encourage others to give," said Mahan. "Our goal is to build a momentum that surpasses our previous Great Give successes. If more individuals support FSU's Great Give, even more funds can be generated to help our

Please see **GREAT GIVE**, 5



To make a contribution, visit [greatgive.fsu.edu](http://greatgive.fsu.edu), 9 a.m., March 19, to 9 p.m., March 20. Online contributions to FSU's Great Give support "Raise the Torch: The Campaign for Florida State," the university's most ambitious fundraising campaign.

## Professor elected fellow of American Mathematical Society

A faculty member in Florida State University's Department of Mathematics has earned top recognition from his peers for his contributions to the discipline. Professor Washington Mio, who has taught at FSU since 1990, has been named a fellow of the American Mathematical Society (AMS), an international association of professional mathematicians dedicated to the interests of mathematical research and scholarship.

"Washington Mio is an excellent mathematician who excels in both pure and applied research," said Xiaoming Wang,



Washington Mio

chairman of the Department of Mathematics. "I'm happy to see that he has received this well-

Please see **MIO**, 7

## Renowned psychologist receives international research award

By Kathleen Haughney  
University Communications

A Florida State researcher who is one of the world's eminent social psychologists has received a major international award from the Alexander von Humboldt Foundation.

Roy Baumeister, the Francis Eppes Professor of Psychology, has received the Humboldt Research Award, which will allow him to spend several months in Germany collaborating with researchers at the University of Bamberg.

"This is a tremendous honor," Baumeister said. "It's also a great opportunity because Germany is one of the top four or five countries in the world in social psychology. There is a great group of creative, energetic researchers there doing work that overlaps with my research."

Baumeister is a widely decorated researcher. A recent

Please see **BAUMEISTER**, 5

## Spread the Word

The College of Business has been ranked No. 35 on Accounting Degree Review's list of Best Graduate Schools for Accounting.

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The deadline for April 2015 is  
TUESDAY, MARCH 10.



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## NewsMakers

**"There's just no way to judge it without talking to her. And no one's going to talk to her because even when she was in her best health, she was very private."**

— Diane Roberts, a Florida State University professor of English who specializes in Southern culture, as quoted by Agence France-Presse Feb. 9 discussing whether author Harper Lee ever intended to publish "Go Set a Watchman." The book, which was the original manuscript for "To Kill a Mockingbird" but told from a different point of view, is being billed as a sequel. It will be released in July. Lee, 88, has lived in a nursing home in Monroeville, Ala., since suffering a stroke in 2007. She is reported to be deaf and have poor eye sight. Her sister, Alice, who had been a "fiercely protective" gatekeeper, died in 2014. Tonja Carter, Lee's attorney, now serves that role.

Be sure to visit the FSU Makes News section of Florida State 24/7 at [news.fsu.edu](http://news.fsu.edu).

## Hello! Jordan Merrick

**Job title:** Assistant Director, Campus Recreation, Outdoor and Experiential Programs

**To-do list:** Works closely with FSU Challenge, which offers teambuilding opportunities to the FSU and Tallahassee communities; Camp Flastacowo, an American Camp Association-accredited program for youth; and Outdoor Pursuits, a trip-leading program.

**Years at FSU:** Just over 10.

**Job perk:** "Having the opportunity to work with such a wide variety of students and professionals always keeps things exciting."

**Outdoorsman:** "There's a certain aspect of 'mastering your environment' or at least being comfortable in whatever wilderness situation you find yourself in that is appealing."

**Da-da-da, da-da-da:** "ESPN is on my television 75 percent of the time."

**After 5:** Enjoys traditional bluegrass music, archery and reading. "I keep a few books going at a time. Usually a fiction/fantasy/sci-fi one, a philosophy-driven one and one for personal or professional development."



Merrick on the FSU Reservation's High Challenge Course.

FSU Photography Services/Bill Lax

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# Improving health care through policy

Nursing faculty member to participate in American Association of Colleges of Nursing's 2015 Faculty Policy Intensive

**By Amy Farnum-Patronis**  
News and Research Communications

Nurses make up the largest segment of the nation's health care workforce, yet their vital role on the front lines of patient care is not always fully realized or utilized.

Mai Kung, a faculty member in the College of Nursing since 2007, is seeking to change that through influencing and shaping health care policy to remove unnecessary government limitations on the nursing profession in order to improve patient care.

Kung was recently selected as one of eight participants nationally to attend the American Association of Colleges of Nursing's 2015 Faculty Policy Intensive in March. She is the first faculty member from the state of Florida to receive an invitation.

"I feel very honored to have this opportunity to network with and learn from key policy figures and nurses who are passionate about influencing policy," Kung said. "This experience will enhance my ability to educate, motivate and empower students to lead initiatives and be full partners in redesigning health care policy in the United States."



*Mai Kung*

The intensive is a fully loaded, four-day immersion program designed for faculty of AACN member schools who are interested in actively pursuing a role in health care and nursing policy.

An advanced practice registered nurse (APRN) for the past 25 years, Kung is on a mission to improve the profession — and ultimately health care — "through nursing unity and to remove outdated, unnecessary practice barriers placed on advanced practice nurses."

To read more about this story, visit [news.fsu.edu](http://news.fsu.edu).

## Annual Prudential Productivity Awards announced for 2015

Two team entries from Florida State University have won 2015 Prudential Productivity Awards, which recognize and reward state employees' work that significantly and measurably increases productivity and promotes innovation to improve the delivery of state services while saving money for Florida taxpayers and businesses. This year, the competition attracted more than 500 nominations for innovations and productivity improvements for state government.

The winning Florida State entries, both of which won in the "plaque winners" category, are detailed below:

### **FSU/UF Libraries**

*Achievement:* FSU/UF Libraries Shared E-Book Project

*Award Winners:* Roy Ziegler, Steve Carrico, Trey Shelton, Aimee Barrett, Michael Luesebrink,

Apryl Price, Charles McElroy, Mary Ann O'Daniel

*Nominator:* Roy Ziegler

In the spring of 2011 Florida State University Libraries and the University of Florida Libraries initiated an e-book project to jointly purchase and license access to academic books. The Florida Virtual Campus/FLVC loaded bibliographic records with active links to full-text books into FSU's and UF's online library catalogs. Students and faculty could access individual books for free until the third full-text access triggered a purchase. The program ran for 3 years with 1,722 e-books purchased. Another 13,000 e-books were available in the FSU and UF online catalogs, but were never used enough to trigger a purchase. (The savings for the e-books not bought are not included in the cost savings estimate associated with this nomination.) By the project's end in June 2014, FSU and UF libraries spent \$236,196, or \$137 per jointly licensed e-book. If both schools had purchased, cataloged and processed the books

separately, the total costs for making the content available would approach \$500,000. The actual cost savings for both universities and Florida taxpayers is \$253,102.

### **Ringling Center for the Arts**

*Achievement:* Ringling Museum Volunteer Management System

*Award Winners:* Amanda LaForge, Hollie Corbitt, Erin Griswold, Ross Corona, Antioel Middlebrooks

*Nominator:* Cynthia Vickers-Clenney

The John and Mable Ringling Museum of Art has 577 active volunteers who contributed 68,572 hours in fiscal year 2013-2014, a donated value of \$1,477,041. During a yearlong project, Volunteer Services, Education and Technology staff launched the Vol-gistics' volunteer management system, a technological solution to volunteer corps management that streamlined time keeping, shift scheduling, communication and data management/reporting. The system allows Ringling volunteers to clock in and out via touch screens so supervisors and security know who is on campus and in which museum venue. The museum's 124 docents can schedule tours online from the comfort of home rather than spend 1,984 hours each year attending quarterly half-day planning sessions. And with no more monthly, manual paper timesheet entry, museum staff saves 480 hours per year. Best of all, volunteers are able to work more assignments/shifts as schedule openings are easily accessible online.

Application information for the 2016 Prudential Productivity Awards competition will be announced soon. For more information, visit [www.floridatxwatch.org/prudpa.aspx](http://www.floridatxwatch.org/prudpa.aspx) or contact FSU Agency Awards Coordinator Sarah Hubbard at [sehubbard@fsu.edu](mailto:sehubbard@fsu.edu) or (850) 644-4579.

## BYtheWAY

### >>CELEBRATION OF GRADUATE STUDENT

**EXCELLENCE:** The Graduate School will recognize the accomplishments of Florida State's graduate students during its annual "A Celebration of Graduate Student Excellence Awards Ceremony and Reception" at 3:30 p.m. Wednesday, April 8, at the FSU Alumni Center, 1030 W. Tennessee St. Outstanding teaching assistants and associates will be recognized and the recipient of the Graduate Student Leadership Award will be announced.

### >>TRANSPORTATION AND PARKING SERVICES

**HAS MOVED:** Transportation and Parking Services (TAPS) has moved into the newly renovated FSUCard Center at 104 N. Woodward Ave., on the ground floor of the Woodward Avenue parking garage. The FSUCard Center is open weekdays from 8 a.m. to 5 p.m. and is accessible through the FSU Bookstore.

The new location is intended to make it easier for employees to request permits, make appeals or pay citations.

In addition to TAPS, the new FSUCard Center soon will accommodate multiple customer-focused services, including the Seminole Dining Meal Plan Office. This will make it easier for employees to sign up for the faculty/staff meal plan or make general inquiries about dining options.

**More information:** [transportation@fsu.edu](mailto:transportation@fsu.edu) or (850) 644-5278.

### GREAT GIVE, from 1

students succeed."

More than 1,200 donors raised \$133,024 during last year's campaign, surpassing the 2013 total.

One organization that saw tremendous success during the 2014 campaign was University Libraries. More than 100 donors contributed a total \$6,119 — surpassing the \$5,000 goal by 22 percent. Funding received during the campaign supported the University Libraries general fund, which sustains a variety of programs and services that make University Libraries an essential resource for the FSU community.

"The support we receive during FSU's Great Give makes a real difference in the resources we can offer students," said Susan Contente, director of development for University Libraries. "For example, FSU's

Great Give has funded small-group study pods, and helps support our popular literature collection for our faculty, staff and students who love to read."

Another program FSU's Great Give has supported within University Libraries is the Learning District, the Libraries' popular tutoring program.

"We offer our tutoring services free of charge from 8 p.m. to 2 a.m., when many students prefer to study," Contente said.

In addition to these services, University Libraries loans electronic equipment such as laptops, phone chargers and GoPro cameras.

"Funds from FSU's Great Give allow us to refresh our electronic equipment as needed, so that we can offer our students better, faster equipment," Contente said.

University Libraries will be a featured project during the 2015 campaign.



Throughout the 36-hour campaign, supporters can receive project updates and giving totals by liking the campaign on Facebook at [facebook.com/FSUGreatGive](https://www.facebook.com/FSUGreatGive) or by following it on Twitter at [@FSUGreatGive](https://twitter.com/FSUGreatGive). To learn more, visit [greatgive.fsu.edu](http://greatgive.fsu.edu).

### BAUMEISTER, from 1

compilation in a journal published by the American Psychological Association named Baumeister one of the top 30 psychologists of the modern era. Baumeister, who has taught at Florida State since 2003, has written and edited a combined 31 books, plus numerous journal articles on the subjects of willpower, social networks and self-identity.

His 2011 book with journalist John Tierney, "Willpower: Rediscovering the Greatest Human Strength," became a New York Times bestseller.

"Roy is one of the most decorated psychologists in the world," said Jeanette Taylor, chair of the Department of Psychology. "The Humboldt Research Award provides further recognition of his lifetime of accomplishments. The award also recognizes that Roy is going to continue to make important contributions to psychological science for many years to come."

Baumeister was nominated for the award by Professor Astrid Schutz of University of Bamberg. The award carries a prize of 60,000 Euros (about \$68,500) and allows researchers to conduct scientific work with colleagues in Germany.

Baumeister said the award will allow him to collaborate with German researchers who are focused on the area of self-control and willpower.

"We're thrilled that Roy will have this opportunity to further his work in Germany," said Vice President for Research Gary K. Ostrander. "This award is a testament to his scholarship and hard work at Florida State."

Baumeister will visit Bamberg in March and April for about two weeks to attend the awards ceremony and meet possible collaborators. He will visit again for about a month over the summer and then again in 2016.

The Alexander von Humboldt Foundation is headquartered in Bonn, Germany and is dedicated to promoting academic

cooperation between scientists and scholars in Germany and across the globe. The Humboldt Research Award is one of Germany's top prizes for scholarship.



Roy Baumeister





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# Partnership, grant supports sustainability through Green Fund

By Emily Schneider-Green  
Sustainable Campus

Florida State's sustainability efforts have received a boost of support from a multinational energy company.

A recently announced partnership and grant from Siemens will support the Green Fund initiative for the 2014-2015 academic year. The fund sponsors student-developed sustainability projects that have tangible impacts across the campus. Student recipients of the fund are given the opportunity to develop and implement a wide range of their ideas for innovative projects, often through intercampus collaborative efforts, and advance the sustainability goals of FSU in real, measurable ways. The projects vary widely in scope and topic, and address a myriad of eco-friendly needs while giving the student practical, hands-on experience.

"Siemens looks forward to continuing our 25-plus-year relationship with FSU and to being an investor in the sustainable campus program," said Mark Evans, senior vice president and chief financial officer of Siemens, Americas Region. "This program proves that creating a vibrant student experience and respecting the environment with minimal impact to local natural resources is not mutually exclusive."

In years past, funding for the Green Fund has been unpredictable, according to Sustainable Campus Director Elizabeth



**Siemens commits to sustainability at FSU:** Pictured, from left, are: Marc Craddock, Charley Cohen and Mark Evans of Siemens; Dennis Bailey of FSU Facilities; Elizabeth Swiman of FSU Sustainable Campus; Greg Eaton and Don Pittman of Siemens; Matthew Taylor of the FSU Foundation; Jim Stephens of FSU Facilities; and Jessica Blackband of the Student Government Association Office of Student Sustainability.

Swiman, making this support from Siemens a valuable source of revenue and providing the stability needed to allow the program to grow and flourish.

Though the vast majority of the utilities and energy management at FSU occurs behind the scenes, the daily work of the utilities programs is critical to the overall measurement of sustainability at FSU.

"Because FSU's utilities and energy program is the area in which we have the largest opportunity for saving both money and resources on campus, the Sustainable Campus program and the Utilities and Engineering Services work together closely to strive for maximum efficiency," Swiman said.

To read more about this story, visit [news.fsu.edu](http://news.fsu.edu).

## MIO, from 1

deserved recognition."

Mio joins three of his longtime FSU Department of Mathematics colleagues, emeritus professors John Bryant, Robert Gilmer and De Witt Sumners, who were named to the inaugural class of AMS fellows in 2013.

The AMS honored Mio for his work in topology as well as mathematics, statistics and applications of shape analysis. According to his official citation, Mio was inducted as an AMS fellow "in recognition of his outstanding contributions to the creation, exposition, advancement, communication and utilization of mathematics."

The 2015 fellows class was chosen by an AMS selection committee to create "an enlarged class of mathematicians recognized by their peers as distinguished for their contributions to the profession ... and to support the advancement of mathematicians in leadership positions in their own institutions and in the broader society." This year, 62 members were inducted as fellows of the organization.

"It is a great honor to be recognized by your fellow mathematicians and very hum-

bling when you look at the list of AMS fellows," Mio said. "I also see it as a recognition for the contributions that FSU makes to the mathematical sciences."

As an undergraduate starting out in the engineering field, Mio said he found his interests switching directions toward "the mathematical foundations of the methods used to solve problems." In pursuit of the "fascinating world of mathematics," Mio studied mathematics at the Courant Institute in New York; he later served as an assistant professor at the Instituto de Matematica Pura e Aplicada in Brazil before pursuing postdoctoral positions at New York University, Cornell University and the University of Pennsylvania. Mio made his way to Florida State in 1990 and became a full professor in 2005.

For many years, his research was based in pure mathematics. Mio worked on very abstract, theoretical problems in the area of geometric topology. As rewarding as those years were, he found himself wanting to spend part of his career applying mathematics to the solution of "real-world" problems. About a decade ago, he began to study patterns underlying data, particularly information contained in shapes and images.

This naturally led to interdisciplinary work that has added new dimensions to his research. Mio is currently working on federally funded research topics as varied as "Developmental Mechanisms Underlying Genotype-Phenotype Correlations," "Breaking Through the Taxonomic Barrier of the Fossil Record," "Genetic Determinants of Orofacial Shape and Relationship to Cleft Lip/Palate" and "Topological Methods for Parsing Shapes and Networks and Modeling Variation in Structure and Function."

"I find it very exciting to see that mathematics has much to offer to the solution of challenging problems at the frontiers of such disciplines as evolutionary and developmental biology, ecology and medicine," he said. "The problems range from organization and indexing of complex data to the challenges of transforming data into knowledge, with so much in between. One of the great things about mathematics is that it helps you uncover common threads in seemingly disparate problems. Finding these links, developing new mathematical models, and using them to solve problems is very rewarding."

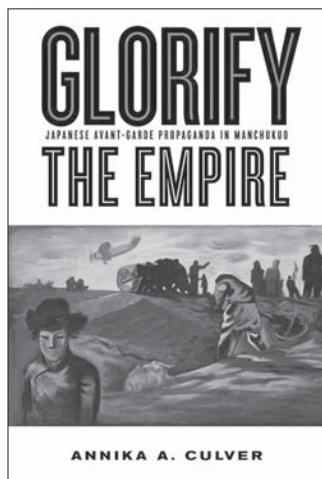
To read more about this story, visit [news.fsu.edu](http://news.fsu.edu).



# CAMPUS *In Action*

## RECOGNITIONS

**Annika A. Culver**, Ph.D. (History), has won the 2015 Book Prize of the Southeast Conference of the Association for Asian Studies for her book, "Glorify the Empire: Japanese Avant-garde Propaganda in Manchukuo," published by University of British Columbia Press, 2013, and University of Washington Press, 2014. Culver received the award at the University of Virginia in Charlottesville on Jan. 17 during the association's 54th annual meeting. The committee that reviewed a "highly competitive pool" of books was impressed with the quality of Culver's work and agreed unanimously that it was worthy of the prize.



## ENRICHMENT

**Andrea De Giorgi**, Ph.D. (Classics), has received a research fellowship for spring 2016 at the Berliner Antike-Kolleg's Research Center of Ancient Studies, a center for international cooperation in the ancient studies. Fellows from all over the world visit to participate in research, while conferences, meetings and workshops promote academic exchange and strengthen Berlin's position as an international center of ancient studies.

## GRANTS AND PATENTS

**Michael J. Ormsbee**, Ph.D. (Nutrition, Food and Exercise Sciences; Institute of Sports Sciences and Medicine) and Vince Kreipke, a Nutrition, Food and Exercise Sciences doctoral student, were awarded a \$137,860 grant from Onnit Laboratories to fund a yearlong study, "The Effects of STS Supplementation and Concurrent Training on Body Composition, Performance and Health in College-Aged Men."

## SERVICE

**Joseph B. Schlenoff**, Ph.D. (Chemistry and Biochemistry), has been selected to serve as a senior editor of *Langmuir*, a journal of the American Chemical Society. According to the 2013 Journal Citation Report, which critically evaluated the world's leading academic journals, *Langmuir* was ranked first in the category of materials science, second in the category of physical chemistry and fifth in the category of multidisciplinary chemistry. The journal was started in 1985 and named after the Nobel laureate Irving Langmuir. Schlenoff, who is the Mandelkern Professor of

Polymer Science at Florida State, began his role with the journal in mid-January. This is his first appointment as an editor. He will be expected to handle a minimum of 300 peer-reviewed manuscripts each year.

## KEY PROMOTIONS AND HIRES

**Neil Charness**, Ph.D. (Psychology), has been named director of the university's Institute for Successful Longevity. The institute is devoted to interdisciplinary research on healthy physical and cognitive aging across the lifespan with the goal of translating research discoveries into practices and interventions that maintain or improve adult cognition, including well-being and independence. Charness, the William G. Chase Professor of Psychology at Florida State, has served as interim director since the institute was established in 2013. A leading scholar in the field of aging and successful longevity, his research centers on understanding the aging process and its implications for technology use (particularly for health), work performance and expert performance. He also conducts human factors research on older driver and pedestrian safety.

**Joan C. Horrwich** has been hired as the communications and marketing director of the John & Mable Ringling Museum of Art. Horrwich will be responsible for developing and directing a broad, institutionwide communications strategy in support of The Ringling's visibility, reputation, fundraising, attendance and organizational goals. She holds a Master of Business Administration with a concentration in finance from the Columbia University Graduate School of Business and a bachelor's degree cum laude with a major in mathematics from Vassar College.



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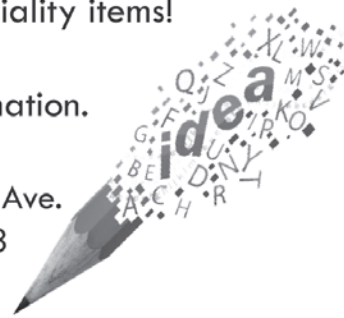
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# Department of Geriatrics names new chair

A dozen years after becoming one of only four U.S. medical schools to devote an entire academic department to geriatric medicine, the Florida State University College of Medicine is naming a new chair for that department.

Paul Katz, currently vice president of medical services and chief of staff for Baycrest Geriatric Health Care System in Toronto, Canada, will replace Kenneth Brummel-Smith in May. Brummel-Smith has served as the first and only chair of the department since the school's founding.

Brummel-Smith will continue in his role until Katz's arrival, and then will remain on the faculty, focusing on teaching, research and advocacy in aging-related issues.

"I am very pleased that Dr. Katz is joining us to help us further our mission of training future physicians who will be responsive to and understand the needs of the aging patient," said John Fogarty, dean



Ken Brummel-Smith

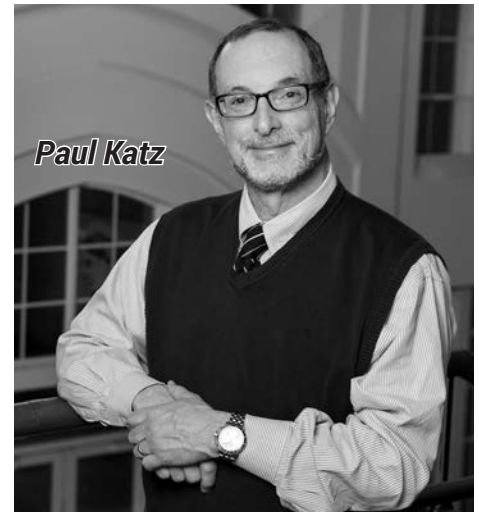
of the College of Medicine. "With his clinical and teaching skills, national reputation for excellence, and superb academic credentials, he is the perfect person to lead our geriatrics department into the future."

Brummel-Smith arrived as a past president of the American Geriatrics Society, and Katz brings outstanding qualifications to the position as well.

Among other achievements, Katz is past president of the American Medical Directors Association, the national association of professionals practicing long-term care medicine committed to the continuous improvement of patient care.

Katz, a widely published author and noted speaker on aging issues, is currently a professor in the Department of Medicine at the University of Toronto. He previously has served as chief of the Division of Geriatrics/Aging at the University of Rochester School of Medicine and for 16 years was medical director at Monroe Community Hospital, a highly regarded academic nursing home in Rochester, N.Y.

"I feel incredibly fortunate to have the opportunity to work with the stellar faculty members that comprise the Department of Geriatrics and help build upon their many



Paul Katz

great accomplishments," Katz said. "FSU is truly unique in recognizing the importance of geriatrics to the well-being of society as a whole. The university not only demonstrates how young physicians can successfully be taught the core principles of geriatrics but, importantly, how such knowledge is translated into high-quality care at the bedside.

"I am looking forward to being part of this process as well as further integrating the Department of Geriatrics into the community."

## ITSNEWS

Information Technology Services

its.fsu.edu

### PHISHING AWARENESS Avoid falling victim to phishing scams

Information Technology Services blocks 1.58 million spam emails from reaching campus every day. In other words, ITS blocks 88 percent of all incoming mail. Yet, some malicious messages still find a way into your inbox. When this happens, how do you avoid falling for a phishing scam?

Phishing messages attempt to steal sensitive information — such as your username and password, credit card number or bank account number — by tricking you into clicking a link, entering information or opening an attachment. The message appears to come from a trusted source, but once the attacker has your information, he or she can steal your identity, embezzle funds from your bank account, infect your computer or attack your contacts.

Recent phishing attacks at Florida State University have attempted to steal employee passwords to give the attacker access to university databases. Once inside, the attacker would be able to steal confidential information such as Social Security

numbers or reroute employee paychecks to another account.

Avoiding these attacks requires you to take a close look at your messages. Fortunately, there are a few telltale signs to help you spot a phishing. Be suspicious of messages that require "immediate action" or threaten that you will lose something. Watch for mistakes in spelling and grammar. Only open attachments you are expecting and do not click any link that looks suspicious. Before you click, hover over a link to display the true URL to see if it is linking to a legitimate website. When in doubt, call the sender to verify they sent the message. Above all, never give out personal information via an email request; Florida State University will never ask for your username or password in an email.

The best defense against phishing attacks is to educate yourself. The Information Security and Privacy Office (ISPO) provides several training resources — including a phishing email challenge and a series of security awareness videos — to help you learn how to further protect yourself from phishing scams and other cyberattacks.

To access the training, visit the ISPO website: [security.fsu.edu](http://security.fsu.edu).

### Guest Wi-Fi available on campus

Visitors to Florida State University's main campus have access to free, public Wi-Fi — available through the university's FSUWIN network. To connect, visitors simply choose FSUWIN from the list of available networks, open a Web browser, click the Guest Registration button, and they are directed to a guest registration page. For more information, visit <http://its.fsu.edu/Network/NetworkMainCampus/WiFi/FSUWIN>.

# The Source

## News from Human Resources

### BENEFITS

>>**RETIREMENT PLANNING SEMINAR:** Save the date! The Benefits Office will present a Retirement Planning Seminar Wednesday, March 25, in the College of Medicine Auditorium. Employees will be able to attend either a morning or afternoon session, and speakers will provide information specific to the Optional Retirement Program (ORP), FRS Pension Plan and FRS Investment Plan.

**More information:** (850) 644-4015, [retirement@fsu.edu](mailto:retirement@fsu.edu) or [hr.fsu.edu](mailto:hr.fsu.edu).

>>**DOUBLE DEDUCTIONS FOR BENEFITS:** All nine- and 10-month faculty members and seasonal employees enrolled in state health, life and supplemental benefits will have double deductions taken from their paychecks beginning with the Feb. 6 paycheck. The final double deduction will occur with the May 1 check. These additional deductions are taken out to prepay premiums for the months of June, July, August and September. Regular deductions for these employees will resume on the first paycheck in September. Employees should review their paychecks during the double deduction period to ensure that the deductions are correct.

**More information:** (850) 644-4015 or [insurance@fsu.edu](mailto:insurance@fsu.edu).

>>**GABOR PERMANENT LIFE INSURANCE OPEN ENROLLMENT:** Through March 6, 2015, the Gabor Agency is offering a special open enrollment in the university's permanent life insurance program, issued through Symetra Life Insurance Company. Employees (Faculty, A&P or USPS working 0.75 FTE or higher) and their spouses/domestic partners who are age 65 or younger may now apply for coverage amounts between \$10,000 and \$50,000. (Employees ages 66-70 may apply for up to \$25,000 coverage.) During this open enrollment, coverage can be obtained through a simplified application process with no medical exam or tests required, and no height or weight restrictions.

**More information:** Gabor Agency, (850) 894-9611 or [info@gaboragency.com](mailto:info@gaboragency.com).

### TRAINING AND ORGANIZATIONAL DEVELOPMENT

>>**NEW TRAINING WORKSHOPS FOR EMPLOYEES ADDED TO SPRING 2015 CATALOG OF CLASSES:** Each semester, a broad range of workplace training and professional development activities are made available to FSU employees. In addition to the regular schedule of classroom training, online learning modules, certificate programs and customized learning initiatives, several new opportunities have been added this semester.

•**Yoga** (Course Number: WLYOGA): Involves basic transitions, static stretches and some strengthening postures. Participants should wear comfortable clothing and remove shoes while on the mat. Mats are provided. Participants should bring a water bottle. Class is offered weekly. **Thursdays, spring semester** (except

March 12), 11:45 a.m. to 12:30 p.m., Health and Wellness Center-Fitness and Movement Center. Registration is required weekly.

•**Quit and Be Free** (Course Number: PDQBF1): A free one-time group intervention provided in a relaxed, non-threatening environment. Upon completion of the workshop, participants will have the option of making a three-day quit attempt along with receiving free nicotine replacement therapy (patch, lozenge or gum), or they may choose to quit at another time. Additional resources will be provided for participants who desire to quit. All materials for QBF will be provided to participants at no cost.

**Tuesday, March 3**, 9 to 10 a.m., Training Center; **Wednesday, April 1**, 1 to 2 p.m., Health and Wellness Center-Room 2500. Registration required.

•**Find What Moves You** (Course Number: WLST02): Learn about activity/exercise guidelines and ways to fit them into a busy schedule, as well as ways to identify personally enjoyable activities. This session will include some interaction and demonstrations of exercises that can be done at the home or office, and will include a discussion on resources that are already available to FSU employees. **Thursday, March 5**, noon to 1 p.m., Training Center. Registration Required.

•**Threat Assessment Training** (Course Number: PDTA01): Discusses individual responsibilities in helping to ensure a safe campus environment by focusing on the mission of the university's Threat Assessment Team. Key objectives of the TAT are to identify, assess, manage, reduce and educate faculty, staff and students to the risk of interpersonal and work place violence. **Monday, March 23**, 2 to 3:30 p.m., Training Center. Registration Required.

•**Financial Wellness** (Course Number: WLST03): Learn about ways to work within a personal budget, tips to climb out of debt, and small ways to save that can make a big impact over time. **Wednesday, March 25**, noon to 1 p.m., Training Center. Registration Required.

•**Wellness Fair** (Course Number: WLFAIR): Meet with a certified ACE health coach to have health values assessed and explained; discuss primary personal health goals and set a few realistic goals; hear about resources available to faculty and staff members; and take a short tour of the Health and Wellness Center's Fitness and Movement Center. Assessments include: resting heart rate and blood pressure; circumference measures (e.g. waist and hip ratio for disease risk); and body fat percent analysis and explanation (if wanted). Participants will have their names entered into a raffle for free wellness testing and a possible free membership to the Leach and Fitness and Movement Center. Wellness Sport and Spine also will give free 5-minute massages. **Wednesday, April 8**, 11 a.m. to 1 p.m., Health and Wellness Center-Fitness and Movement Center. Registration Required. Following the course registration period, those enrolled will be assigned a suggested time of arrival between 11 a.m. and 1 p.m.

To register for these or any other training classes, log in to [omni.fsu.edu](http://omni.fsu.edu) and click in sequence: "Human Resources," "Main Menu," "Self Service," "Learning and Development," "Request Training Enrollment" and "Search by Date, Course Code or Course Name." From there, click on "View Available Sessions" and choose a session number. Follow the prompts to submit a request. To view a course description, click on the icon. Contact the Office of Training and Organizational Development with any questions at [training@fsu.edu](mailto:training@fsu.edu) or (850) 644-8724. To view a current schedule of classes and registration information, visit [www.hr.fsu.edu/train](http://www.hr.fsu.edu/train).



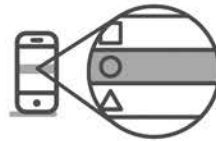
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## FINANCE AND ADMINISTRATION

# FSU accelerating financial aid disbursement to benefit students

Florida State University is making changes to the financial aid disbursement schedule for most students. The first disbursement for each term will now occur *before* the term begins. Students who are eligible for financial aid disbursements will now receive the majority of their federal, private and institutional aid early in the first week of classes, rather than the second week. State aid, such as Bright Futures, will be disbursed on the traditional disbursement timeline during the second week of classes.

As a result of the new disbursement schedule, departments paying for a student's tuition should have waivers or billings entered before the first financial aid disbursement of the term.

Department representatives should ensure all financial aid and tuition processes are completed on time.

Visit the Office of Financial Aid website for more information.

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