

State

The Faculty-Staff Bulletin of Florida State University

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For more Florida State news, visit news.fsu.edu.

February 17 - March 9, 2014

A LEGACY FOR THE FUTURE

Little's among top African-American medical educators in U.S.

By Doug Carlson
COLLEGE OF MEDICINE

When her second-grade teacher first told **Alma Little's** that she should become a doctor one day, it clicked.

"From that point on, when somebody asked what I wanted to be, I would tell them I wanted to be a doctor," Little's said.

Little's did grow up to become a doctor and then a medical educator with a key role in preparing legions of future physicians at the Florida State University **College of Medicine**.

Now, *Black Health Magazine* has named Little's a Top 15 Most Influential African American Medical Educator. The list appears in the magazine's Black History Month commemorative issue, which goes on sale nationwide Feb. 6.

"The focus is on medical educators creating a legacy for future generations of African-American doctors and health professionals," said **Marcus Oaks**, publisher of *Black Health*. "These 15 individuals have demonstrated through their body of work, education and lifetime achievements what it takes to make history and are carving cornerstones for our children and grandchildren."

Little's was the youngest of 12 children in a family of farmworkers in Gadsden County, a rural community



FSU Photography Services/Bill Lax

Alma Little's

located about 30 minutes west of Tallahassee.

"I was encouraged by my parents, teachers and others to reach beyond what I saw in my community growing up and aspire to something greater," said Little's, senior associate dean for medical education and academic affairs at the College of Medicine. "I was also admonished to never forget where I came from and to remember that there would always be others who need a helping hand or a word of encouragement."

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NURSING

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CRUNCHING CANCER

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Early childhood curriculum makes lasting impact

Partners for a Healthy Baby is university's second most lucrative product

By Nicole Brooks
NEWS AND RESEARCH COMMUNICATIONS

Mimi Graham's work is never done. But the director of Florida State's **Center for Prevention and Early Intervention Policy** can mark a milestone: The center's Partners for a Healthy Baby Curriculum passed \$10 million in sales in 2013, making it the university's second most successful research endeavor behind the cancer drug Taxol.

"And we're just itty bitty," Graham said of the center, part of Florida State's **Institute for Science and Public Affairs**. The institute has a small faculty that since 1989 has brought in more than \$65 million in educational grants targeted for vulnerable infants and toddlers.

First developed in 1996, the curriculum (www.cpeip.fsu.edu/PHB) consists of a series of five books — "Before Baby Arrives," "Baby's First Six Months," "Baby's Months 7-12," "Baby's Months 13-18," and "Toddler's Months 19-36" — and accompanying handouts published in English and Spanish.

Please see **CHILDHOOD**, 7

Spread THE Word

A profile of Florida State University student-veteran Batiah King is featured as the cover story of *G.I. Jobs* magazine for February. The magazine touts Florida State as a formidable military-friendly school because of the support it gives to veterans. veterans.fsu.edu

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People with disabilities who require special accommodation for any event listed in *State* should call the unit sponsoring the event, or for the hearing or speech impaired, use the Florida Relay Service at 1-800-955-8770 (voice) or 1-800-955-8771 (TDD). Requests for accommodations must be received at least five working days before the event. To receive *State* in an alternative format, call the FSU Student Disability Resource Center at (850) 644-9566.

NewsMakers

"It's pretty much part of the landscape, and it's going to be growing. In large measure, it can be a win-win."

— Larry Polivka, executive director of the Claude Pepper Center, as quoted Jan. 24 by the *Sarasota Herald-Tribune* discussing the trend of private care homes in Florida. The homes, operated by ordinary families or individuals, are an alternative for senior adults who can't live on their own.

Be sure to visit the **FSU Makes News** section of **Florida State 24/7** at news.fsu.edu.



FSU Photography Services/Bill Lax

Job title: Web specialist, FSU Alumni Association

To-do list: Manages the association's website, social media and email communications with the university's 300,000 alumni.

Years at FSU: Four (two and a half with the association)

Road trip: Was part of the three-person "Doak to 'Dena" team that drove to Pasadena for the BCS Championship Game, blogging about their experiences along the way. *"Thousands of people followed online. It was incredible."*

Best Foreign Accent: Received a gag award from colleagues for her hybrid British/American accent, which is often mistaken for Australian.

Favorite current song: "Playing with My Friends" by Masters in France.

Is currently reading: "The Secrets of Station X: How the Bletchley Park Codebreakers Helped Win the War" by Michael Smith. *"Over the holidays, my husband, Kevin, and I visited the U.K. code breakers' former top-secret headquarters. I downloaded the book before we left the museum."*

Coffee or tea: Tea. *"I'm British. I practically have hot tea in my blood."*

Best part of the job: *"Connecting with such a diverse group of people, especially through social media, who all have the common bond of being Florida State alumni."*

State is underwritten in part by proceeds from the Florida State University license plate.

www.fsu.edu/tag



COLLEGE OF NURSING

New dean begins to address priorities in first months on job

By Jeffery Seay
EDITOR IN CHIEF

Since she arrived on campus in December, **Judith McFetridge-Durdle**, the **College of Nursing's** new dean, has made it her top priority to acquaint herself with faculty, staff and the community to keep the college moving forward.

"We've had our very first meeting of the Community Advisory Board, which will help us build and strengthen community partnerships," she said.

The board, which will meet quarterly, includes key stakeholders from Tallahassee Memorial Health Care, Capital Regional Medical Center, Capital Health Plan, Tallahassee Community College, Chipola College and Florida A&M University.

A new strategic plan for the college also is in the works. McFetridge-Durdle will include faculty and some community stakeholders in an upcoming visioning exercise that will map a course for the next five years.

"As part of this visioning program, I am very interested in exploring the option or possibility of a Ph.D. in Nursing program," she said.

Such a program would increase the college's research capacity, heighten its national profile and make it easier to recruit research-intensive faculty members.

Another priority for McFetridge-Durdle is to thoroughly evaluate the college's programs with an eye toward building upon successes.

"We have a very strong Doctor of Nursing Practice (DNP) program with a family nurse practitioner emphasis," she said. "We want to expand our enrollment numbers, so we're going to have to find some creative ways of finding clinical experiences for our students."



Judith McFetridge-Durdle

McFetridge-Durdle plans to explore new collaborations with the faculty of the College of Medicine, including placement options for DNP students, interprofessional education and faculty practice.

With her own extensive background in nursing education and practice at universities and hospitals in the United States and Canada, including her most recent job as dean and professor at the Memorial University of Newfoundland and Labrador School of Nursing in Canada, McFetridge-Durdle praised the college's faculty and staff for their work in building a reputation for excellence in nursing education.

"We have an excellent faculty," she said. "They are well prepared as experts in nursing education and as experts in practice. We have a healthy complement of faculty who are prepared at the master's and Doctor of Nursing Practice level. Many of them are nurse practitioners with a doctoral degree."

"This is very helpful not only in terms of teaching in undergraduate and graduate programs, but of providing leadership around the state in terms of nurse practitioner practice and changes in health policy that would help Florida meet the needs of those less fortunate," she said.

McFetridge-Durdle also praised the staff as the backbone of the college, a group that works well with faculty members and students.

In January, *U.S. News & World Report* ranked the college's online Master of Science in Nursing program at No. 6 among public universities and, in a tie with five other schools, No. 10 among public and private universities. The ranking was a pleasant surprise for the new dean.

"It was very exciting," she said. "Our ranking as far as student services and technology was No. 1 in the nation."

The college has offered the 35-credit-hour online Master of Science in Nursing program since 2005 and, to date, 163 nurses have graduated. Ten students are currently enrolled and eight students will graduate in May.

McFetridge-Durdle, a registered nurse who earned a Ph.D. in nursing at the University of Florida, has more than 22 years of experience in nursing education that includes teaching cardiovascular nursing and cardiovascular nurse practitioner education at Dalhousie University, Duke University, the University of Florida, and the University of North Florida.

To learn more about the College of Nursing, visit nursing.fsu.edu.

"We have an excellent faculty. They are well prepared as experts in nursing education and as experts in practice. We have a healthy complement of faculty who are prepared at the master's and Doctor of Nursing Practice level. Many of them are nurse practitioners with a doctoral degree."

College participates in inaugural Florida nursing summit

By Nicole Brooks
NEWS AND RESEARCH COMMUNICATIONS

Doctoral nursing students, nurse educators and nurses from area hospitals and health care agencies recently gathered at the **College of Nursing** to discuss the future of their profession, showcase best practices and hear from experts in the health care field.

Those attending the **Statewide Nursing Summit**, hosted by the Florida Blue Foundation, the Florida Action Coalition and the Florida Center for Nursing, networked and talked through strategies and goals in the face of changing health care policies. The summit was held at the University of South Florida in Tampa and simulcast at Florida State, the University of Miami and Pensacola State College.

Nursing Professor **Dianne Speake** expected 48 people at the university location and was pleased to accommodate 60. This first statewide nursing summit was held in response to an Institute of Medicine report on the future of nursing, she said. That report laid out general recommendations, first and foremost that those in the field must work to reform state scope-of-practice laws that stymie nurses in their practice.

"We know that we have a scarcity of primary health care physicians, and nurse practitioners help fill that gap," Speake said. However, there are barriers that prevent nurses from practicing to the full extent of their education and professional training.

For example, she said, Florida is one of a handful of states that by law does not allow nurses to prescribe controlled substances.

Nurses should be full partners in redesigning health care policy in the United States, she said. And Florida State nursing graduates can have a voice in that discussion.

"Health care policy is one focus of our curriculum. How do you change policy? Our students are being prepared to participate in that dialogue," Speake said.

Summit speakers addressed increasing the value of nurses in an era of health care reform. Workshop sessions focused on anticipating challenges in the profession in the local area.

Florida State Doctor of Nursing Practice student **Tanya Douglas** said the summit was a great example of collaboration among nurses from around the state looking to maintain currency in the field and work toward a more cohesive and unified voice for nursing.

"Learning how the implementation of our changing health care system will affect us and change the field of nursing is a relevant issue that all nurses and leaders should be aware of," Douglas said. "It was exciting to see so many people actively participating and trying to make positive changes for the future of nursing."



Dianne Speake



Discussing the future: Nursing students, educators and other professionals attend the inaugural Statewide Nursing Summit to showcase best practices and hear from experts in the health care field. The event originated at the University of South Florida in Tampa and was simulcast at Florida State.

LITTLES

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As her vision of becoming a physician came into sharper focus, she resolved to care for underserved populations — those who lacked access to or couldn't afford adequate care.

"I lost my father to a second heart attack when I was 14. I lost a sister later on who died after childbirth, and I had seen a nephew die of dehydration," she said. "The more I learned about medicine and health care, the more it seemed the things I had witnessed should have been preventable."

After becoming the first in her family to graduate from college, she was admitted to the University of Florida College of Medicine. Upon completion of medical school and after graduating from the Tallahassee Memorial Hospital Family Medicine Residency Program in 1989, Littles set up practice as a family physician in Quincy.

There, she taught medical students and residents while also caring for many patients she had known growing up.

"She has throughout her career personified the best of our medical profession and has taught and influenced a generation of local physicians at the medical school and residency level," said FSU College of Medicine Dean **John P. Fogarty**. "There could be no better role model of the ethical and compassionate physician who looks at all patients, rich or poor, with the same patient-focused care and skill."

The decision to enter academic medicine was a difficult one for Littles, who was named Family Physician of the Year by the Florida Academy of Family Physicians in 1993. She gave up her private practice to join the family medicine residency program at TMH, where she became the director in 1999.

"I felt that I could have a greater impact influencing future physicians who would have a more far-reaching

influence on the care of patients than I could ever have alone," she said.

In 2002, she was named chair of the Department of Family Medicine and Rural Health at the FSU College of Medicine, which accepted its first students in 2001.

Littles, who still lives in Quincy, said she never forgot the advice to remember where she came from.

"I have carried those sentiments with me throughout my own education and career

paths," she said. "Knowing that just one student might benefit from my achievements and be encouraged to reach higher goals themselves provides me with a great sense of pride and motivates me to continue doing what I do."

"Not for individual recognition but because I know that my students and mentees will ultimately do much more for society than I could ever do alone."



John P. Fogarty

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UNIVERSITYWIDE FOCUS: CRITICAL THINKING

Florida State University is developing a comprehensive, long-term plan aimed at enhancing the teaching of critical thinking skills of upper-division undergraduates. Critical thinking is the focus of the Quality Enhancement Plan, a component of the review process for the university's reaccreditation by the Southern Association of Colleges and Schools Commission on Colleges.

Watch for updates on the university's critical thinking initiative in future issues of *State*.

For more information about "Think FSU: Improving Critical Thinking in the Disciplines," visit think.fsu.edu.

BNY MELLON GIVES RENEWAL GRANT TO EBV

By **Barbara Ash**
COLLEGE OF BUSINESS

For the third consecutive year, BNY Mellon is demonstrating its commitment to U.S. military veterans by providing funding that allows wounded warriors to participate in the annual Entrepreneurship Bootcamp for Veterans with Disabilities (EBV) program at Florida State University.

The EBV is designed to help veterans with a service-connected disability make the transition to self-employment,

develop professional networks and, ultimately, start and grow sustainable businesses.

"The EBV fits perfectly with BNY Mellon's focus on helping returning military members transition from a military background to civilian life and career," said BNY Mellon's managing director for corporate affairs, Daisey Holmes. "It provides disabled veterans with the kind of workforce skills and development needed to succeed and fosters meaningful relationships that develop and last well beyond the program itself."

The company's continued donation

to Florida State will allow five veterans to attend the 2014 EBV program scheduled for June at an estimated cost of \$5,000 each. Like other members of an eight-university EBV consortium, FSU's program is privately funded and offered at no cost to veterans.

"It's a great feeling having BNY Mellon's continued support," said Randy Blass, director of Florida State's EBV program. "At the conclusion of the 2014 program, a total of 17 veterans will call themselves part of the VeteraNOLE family at Florida State University, an intensive business boot camp experience."



Randy Blass

CHILDHOOD

from
page **1**

The curriculum is designed for home visitors — nurses, social workers and child development specialists — assigned to assist teen mothers, poor families and pregnant women or parenting families otherwise in need of support and guidance.

More than 3,700 home visitation programs across the country use the curriculum, as does the U.S. Department of Defense for its international New Parent Support Program.

Christine Smith uses the curriculum every time she interacts with a family. A home visitor serving Gadsden County families for 10 years, Smith works at

the FSU Early Head Start program in Quincy, Fla. She finds the curriculum beneficial because it is broken down into monthly developmental stages for both expectant mothers and fathers and young children.

"It is exactly like a blueprint," Smith said.

Smith visits her assigned families at least once a week. She has found the curriculum especially helpful when broaching difficult topics, including smoking when pregnant, alcohol use and birth control.

A visually pleasing handout with bullet points of relevant information can do so much for parents, she noted.

"It stays with them," Smith said. "They can refer to it."

The curriculum focuses on pregnant mothers, infants and toddlers — those early years when children and their health and safety are most vulnerable.

"Early intervention is better, but it's never too late," Graham said.

The curriculum aims to help home visitors reduce low birth weight, reduce the rate of child abuse, enhance child health and development, promote stability and economic self-sufficiency and strengthen families overall.



Mimi Graham

To read the entire story, visit news.fsu.edu.

Statistician crunches numbers for better cancer outcomes

By Kathleen Haughney
UNIVERSITY COMMUNICATIONS



Jinfeng Zhang

Florida State University Associate Professor **Jinfeng Zhang** and his graduate student **Kaixian Yu** aren't your typical cancer researchers.

For one, they're not doctors. They are statisticians. And rather than looking at cancer cells in a lab, they are analyzing numbers representing more than 1,000 breast cancer patients, their genetic markers and their response rates to different cancer treatments.

Zhang and Yu's unique approach has led to the creation of a statistical program that personalizes chemotherapy treatments based on genetics, resulting in more favorable outcomes for each patient.

The results were so promising that the university's **Office of Commercialization** awarded Zhang \$50,000 through its annual GAP competition, a grant program that is designed to help bridge the gap between a faculty member's research and the commercial sphere for product development.

"I always wanted to do research that had a higher impact," said Zhang, an associate professor in the **Department of Statistics**. "All the time we hear of relatives or friends dying from cancer."

The initial statistical analysis showed that if the cancer treatments had been tailored to the patient, the response rate would have risen from 21 percent to 39 percent.

And it all came from crunching data.

"Every digit, every single one is a patient," Yu said. "It makes me feel really excited to be working on this. Science can be really exciting. It can help a human life."

According to the American Cancer Society, more than 1.6 million new cancer cases were projected for 2012 — final numbers for the year are not yet available — and of those, 22 percent would receive chemotherapy.

But, the response rate of chemotherapy is less than 30 percent.

Cancer treatment is tricky. Chemotherapy, while having many benefits, is extremely toxic and comes with painful side effects. Sometimes, patients are given too much chemotherapy and cannot handle the toxicity.

Zhang said he had spoken with doctors in the area and other researchers at Florida State who acknowledged there was a need to take the large volumes of available data — so called big data — on cancer patients and analyze them to see if there was a way to improve the response rate.

But doctors, though trained to diagnose and treat, are not statisticians. That's where Zhang came in with his plan.

Admittedly, it was not smooth sailing at first.

Originally, Zhang, with the help of Yu, designed a program in May 2013 to examine whether the patients should have received chemotherapy at all. But the results were inconclusive and in August they went back to the drawing board and changed the approach to see if they could improve response rate by matching specific chemotherapy treatments to individual patients.

"You have to have faith that you will discover something," Zhang said.

After they had designed the statistical model, Yu set to work crunching the numbers.

This time, the numbers went their way.

"I pretty much did a dance every time we got a good result," Yu said.

The GAP award will help Zhang collect more data and do additional studies on the potential efficacy of his new system. The money will also help him get the system out into the marketplace so that patients can start benefiting from it.

Zhang said he hopes to do more studies and also look at different types of cancer. This first study focused solely on breast cancer.

For now, Zhang and Yu are logging their results in a paper to be submitted for publication this spring and developing the statistical program so it could be used for other researchers in the future.

Zhang has filed a patent application for his design and also formed a company, **Innomedicine LLC**, with hopes of marketing the new method, called **PERS** (Personalized Regimen Selection), to cancer patients around the country.

CAMPUS IN ACTION



Robert A. Reiser

RECOGNITIONS

Robert A. Reiser, Ph.D. (College of Education), received the 2014 Outstanding Human Performance Communication award from the International Society for Performance Improvement for the third edition of his book, "Trends and Issues in Instructional Design and Technology," which he co-wrote with Florida State alumnus **John V. Dempsey**, Ph.D., of the University of South Alabama.

BYLINES

Roger Kaufman, Ph.D. (Educational Research, emeritus), wrote an article, "Characteristics of Useful and Practical Organizational Strategic Plans," published in the journal *Educational Technology*, Vol. 54, No. 1, Jan.-Feb. 2014.

Anke Meyer-Baese, Ph.D. (Scientific Computing), co-wrote an article, "Integrative Biological Analysis for Neuropsychopharmacology," which was selected for publication in this year's edition of *Neuropsychopharmacology Reviews*, January 2014. The article originally appeared in the August 2013 issue of *Neuropsychopharmacology*. *Neuropsychopharmacology Reviews* publishes the highest quality original research to advance the understanding of the brain and behavior, and is the most prestigious *Nature* publication in neuroscience. The 2014 review issue focuses on biomolecular discovery and the implications for mechanisms, therapeutics and biomarker development.



Sustainable Solutions

Florida State participating in 'Recyclemania' Competition concludes March 29

Florida State is participating in "Recyclemania", a national eight-week competition from Sunday, Feb. 2, to Saturday, March 29. The competition generates attention and support for campus recycling programs and motivates students and staff members to increase recycling efforts and reduce waste generation. Through the efforts of Florida State's recycling team and Sustainable Campus, the university's participation in Recyclemania is providing an additional way to benchmark the growth of the campus recycling program.

Weekly data is being published on the Sustainable Campus Recyclemania webpage (<http://sustainablecampus.fsu.edu/Our-Programs/Recycle-Mania>). The Sustainable Campus Facebook page also has tips and resources on how to minimize waste, and photos of recycling efforts on campus. See you at the recycling bin!

For tips on what is recyclable on campus, visit https://www.facilities.fsu.edu/Solid_Waste_Recycling/
To learn more, visit sustainablecampus.fsu.edu.

ITSNEWS

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The new service makes it easy to create a short URL, or link, for any official Florida State University fsu.edu Web page – such as its.fsu.edu or cob.fsu.edu. This means no more ugly URLs taking up three lines in your emails or other messages. (We turned the link above into: <http://fla.st/1d0kAq3>.)

The URL shortener, powered by Bitly, is easy to use and available to everyone. All Florida State links copied and pasted into the fla.st URL shortener automatically return a shortened URL with a <http://fla.st/> prefix, thereby branding the link and making it easy to remember. Once a fla.st URL is created, you can copy and paste the link anywhere and use it again and again.

Short URLs are especially useful in places with limited space for text, such as social media sites (think Twitter and its 140-character limit), or anywhere you want to clean up long links, such as emails or marketing posters and brochures.

Get started at <http://its.fsu.edu>, and say goodbye to ugly URLs.

The Source

News from Human Resources

TRAINING AND ORGANIZATIONAL DEVELOPMENT

Instructor-led and online training opportunities are available to Florida State faculty and staff members. To view a schedule of classes and registration information, visit www.hr.fsu.edu/train. To register for classes, log in to www.omni.fsu.edu and click in sequence: "Human Resources 9.1," "Self Service," "Learning and Development," "Request Training Enrollment" and "Search by Date, Course Code or Course Name." From there, click on "View Available Sessions" and choose a session number. Follow the prompts to submit a request. To view a course description, click on the icon.

More information: **(850) 644-8724**.

BENEFITS

>>DOMESTIC PARTNERSHIP HEALTH INSURANCE STIPEND: The Office of Human Resources has implemented a new employee benefit, the Domestic Partnership Health Insurance Stipend (DPHIS) program. This benefit will assist eligible university employees (Faculty, A&P or USPS only) in a domestic partner relationship by defraying the cost of health insurance for domestic partners. For the purposes of this program, a domestic partner is defined as an individual who shares a committed, mutually dependent relationship with an eligible university employee. This health insurance stipend is available to eligible employees whose domestic partner does not have access to an employer-provided health insurance benefit. Eligible employees may register for coverage immediately.

More information: Visit www.hr.fsu.edu, call **Kathy Gartley, (850) 644-8732**, or email kgartley@fsu.edu.

>>DOUBLE DEDUCTIONS FOR BENEFITS: All nine- and 10-month faculty members and seasonal employees enrolled in state health, life and supplemental benefits will have double deductions taken from their paychecks beginning with the Feb. 7 paycheck. The deductions will end with the May 2 paycheck. These additional deductions are taken out to prepay premiums for the months of June, July, August and September. Regular deductions for these employees will resume on the first paycheck in September. Employees should review their paychecks during the double deduction period to ensure that the deductions are correct.

More information: **(850) 644-4015**, or insben@fsu.edu.

>>GABOR LIFE INSURANCE OPEN ENROLLMENT: Through March 14, the Gabor Agency is offering a special open enrollment in the university's permanent life insurance program. Employees (Faculty, A&P or USPS who are working 0.75 FTE or higher) now may apply for coverage for up to four times their salary, with a maximum of \$250,000. Spouses and domestic partners of employees can apply for up to \$50,000 in coverage. During this open enrollment, coverage can be obtained through a streamlined underwriting process (no medical exam required). Please contact the Gabor Agency for more information at **(800) 330-6615**, or **(850) 894-9611, Ext. 6**.

>>RETIREMENT PLANNING SEMINAR: Save the date! The Benefits Office will present a Retirement Planning Seminar on Wednesday, April 2, in the College of Medicine Auditorium. This year, employees will be able to attend either a morning or afternoon session. Speakers will provide information specific to the Optional Retirement Program (ORP), FRS Pension Plan and FRS Investment Plan.

More information: **(850) 644-4015**, or retirement@fsu.edu.

NEW FIRST-YEAR FACULTY FACES



Omar Faruque

Department of Electrical and Computer Engineering and the Center for Advanced Power Systems

Degree Institution: Ph.D., University of Alberta, Canada

Research Interests: Real-time simulations, renewable energy integration, electric ships and smart grids

"I am really excited to join the FAMU-FSU College of Engineering and have the opportunity to conduct my research at the Center for Advanced Power Systems, which has world-class research facilities in the area of power systems. As I get to know my colleagues and their research, I'm glad I made the decision to come here. My mission is to strengthen the education, research and training activities in the area of smart grid and renewable energy integration. I am looking forward to the day when the reputation of our education and research will cross all geographic boundaries."

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>>NEW EATERIES NOW OPEN:

Seminole Dining, in partnership with the Office of Business Services, launched three new dining locations on campus last fall. The Rising Roll Gourmet, a gourmet-style sandwich restaurant, The Pod Market, a one-stop convenience store, and Chick-Fil-A, home of the "original chicken sandwich," further expand the on-campus dining variety for students, faculty, staff

and guests. All three are located in the Johnston Annex next to Landis Green. For hours of operation and special deals visit seminoledining.com, and "Like" them on Facebook at [facebook.com/seminoledining](https://www.facebook.com/seminoledining).

>>UNIVERSITY POSTAGE RATE CHANGES: The U.S. Postal Service implemented new postage pricing for First-Class Mail, which took effect Jan. 26. The following table details the increase:

•First Class 1 oz.	Old \$0.47	New \$0.52
•First Class 2 oz.	Old \$0.66	New \$0.73
•First Class Postcard	Old \$0.34	New \$0.37

More information: Visit <http://postal.fsu.edu>, email postal@fsu.edu , or call (850) 644-2794.

>>ENVIRONMENTAL CONFERENCE: Richard J. Lazarus of Harvard Law School will deliver the keynote address for "Environmental Law Without Congress: An Interdisciplinary Conference on Environmental Law," 9 a.m. Friday, Feb. 28,

at the College of Law, 310 B.K. Roberts Hall. The one-day conference, which concludes at 5 p.m., will feature 10 experts in law, policy and the social sciences discussing the economic, political, psychological and sociological forces that shape attitudes toward environmental law and regulation. To view the schedule, visit law.fsu.edu/events/environmentalconference2014/program.pdf.

More information: (850) 645-8749 or mhoover@law.fsu.edu.

>>MAGLAB OPEN HOUSE: The annual scientific extravaganza for young and old alike will take place 10 a.m. to 3 p.m. Saturday, Feb. 22, at 1800 E. Paul Dirac Drive. It will feature hands-on demonstrations, self-guided tours, activities provided by the lab's educational partners, and the chance to meet and chat with lab scientists and staff members. The public is asked to bring a nonperishable food item to donate to America's Second Harvest of the Big Bend.

More information: www.magnet.fsu.edu.

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John Curry
Author of
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7 Mistakes Most People Make When Preparing for a Secure Retirement

1. Underestimating Life Expectancy
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3. Not Planning on the Impact of Inflation (The Silent Thief)
4. Relying on Government and Employer Retirement Plans
5. Not Preparing for Health Care Expenses and Long Term Care
6. Not Saving Enough Money on a Personal Basis
7. Focusing on Financial Products Instead of Strategic Planning

Thursday, February 27, 2014

5:30 Refreshments & Registration

6:00-7:30 Presentation

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